



APT Personality Type Test

Step 1 – Your Interests

Choose the activities below that you are interested in (you can choose as many answers as you like):

O	Being responsible for details
E	Starting my own business
C	Artistic activities (like drawing, dancing, singing, acting, playing music or writing)
P	Cooking
A	Analysing problems and situations
O	Writing letters and reports
S	Working with young people
C	Expressing your own style
S	Belonging to a club or community
A	Working independently (by yourself with little direction)
E	Selling and convincing others
A	Undertaking research
C	Expressing a concept or idea creatively
O	Working in an office with fixed working hours
S	Working with people in need (the elderly or disabled people)
P	Working with cars
O	Monitoring and recording information
A	Using science to get answers
S	Volunteering
P	Being physically active
S	Studying social science (like psychology, sociology, etc.)
E	Directing or supervising the work of others
A	Reading encyclopaedias, scientific books or articles
C	Working in variable conditions (varying times or places), where there is space for new ideas
P	Repairing mobile phones or computers
E	Leading project implementation
O	Calculating (working with numbers)
P	Repairing mechanical devices (e. g. bicycle, washing machine)
E	Taking on a leadership role
C	Making original crafts, school or work projects



Step 2 – Your Skills

Choose the activities you think you are able to do or situations that you are able to deal with (you can choose as many answers as you like):

E	Lead a group
C	Play a musical instrument
P	Fix home appliances (like TVs, PCs, etc.)
S	Communicate easily with different people
O	Follow the rules and terms
E	Sell things or promote ideas
C	Sing, act or dance
A	Apply maths or science to solve problems
P	Repair electrical devices
S	Teach other people
O	Calculate income and expenses
E	Give talks or speeches
C	Write an article
A	Analyse, accumulate and summarise data, draw conclusions
P	Replace a car's oil or tyres
S	People often seek to tell you about their troubles, get advice or calm down
O	Handle records of payments or sales (checks, bills) thoroughly
E	Influence or persuade other people
A	Study a lot of complex, abstract or scientific information for a long duration in order to understand various phenomena
S	Explain something to others that they could understand clearly
O	Work diligently and responsibly
C	Draw a picture or paint
A	Explain simple formulas in chemistry
P	Repair furniture
S	Understand and respond to others needs
O	Prepare for project or business meetings (to take care about invitations, schedule, accommodation, sharing material, etc.)
C	Create a product design
A	Do a scientific experiment
P	Construct or improve any mechanism
E	Negotiate



Step 3 – Personality Traits

Choose the traits that best represent you (you can choose as many answers as you like):

E	Assertive
C	Inventive and original
P	Mechanically minded
S	Friendly
O	Responsible
A	Curious
E	Energetic
C	Free spirit
P	Practical
S	Helpful
O	Precise
A	Logical
E	Persuasive
C	Imaginative
P	Straightforward
S	Collaborative
O	Show attention to details
A	Enjoy studying and learning
E	Enthusiastic
C	Intuitive
P	Athletic
S	Tactful
O	Organised
A	Independent



Step 4 – Work Activities

Choose the work activities that appeal to you the most. Imagine yourself performing the activity shown and decide if you would like to do it or not (you can choose as many answers as you like):

- P Construction and Engineering
- C Video and Photography
- S Improving human wellbeing
- O Administrator
- E Manager
- P Car Mechanics
- A I.T Engineer or Programmer
- C Text Writer or Translator
- O Accountant
- S Social Worker
- C Singer or Actor
- A Market Researcher
- E Marketing Specialist
- P Driver
- O Financial Analyst
- C Graphics or Interior Designer
- S Special Education Teacher
- E Social Media Specialist

- C Advertising Illustrator
- P Electrician
- O Medical Record Technician
- A Work in a Laboratory
- S Teacher
- E Real Estate Agent
- A Medical Doctor
- P Furniture Maker
- O Logistics Manager
- E Salesman
- S Psychologist or Counsellor
- A Professor at University
- P Farmer or Agronomist
- C Journalist
- S Youth Worker
- O Banker or Credit Manager
- E Public Relations Specialist
- A Scientist (in Physics or Biochemistry)

Step 5 – Recording the Results

Please calculate how many times each letter has been selected at each step and then input the figures into the table below:

	E	C	A	S	P	O
1 step						
2 step						
3 step						
4 step						
Total:						

Step 6 – Interpretation of results using Personality Types:

The column with the highest total represents the personality type that matches your answers. Please find the corresponding section below to discover more about your personality type and occupations suited to your character traits.

S = Social Personality Type

Social types like to work in groups, help people with problems, participate in meetings, do volunteer work, work with people, play team sports and serve others. They may teach or train others, express themselves clearly, lead a group discussion, mediate disputes, plan and supervise an activity and cooperate with others. They are friendly, helpful, idealistic, insightful, outgoing, understanding, cooperative, generous, responsible, forgiving, patient, empathetic, kind and persuasive.

Characteristics:

- Value service to others, fairness, understanding, empathy
- Are friendly, trusting, helpful, kind, generous, warm
- Enjoy working with others, prefer team approaches will sacrifice personally to forward the group goals

Social type occupations include:

- Teacher
- Human Resources Specialist
- Social Worker
- Elementary School Teacher
- Occupational Therapist
- Counsellor
- Personnel Manager
- Social Scientist
- Nurse
- Physical Therapist
- Psychotherapist
- Youth Services Director
- Psychotherapist
- Special Education Teacher
- Medical Doctor
- Youth Worker
- Human Rights Specialist



A = Analysing Personality Type

Research or analysing types like to explore a variety of ideas, use computers, work independently, perform lab experiments, read scientific or technical journals, analyse data, deal with abstractions, do research and be challenged. They may think abstractly, solve math problems, understand scientific theories, do complex calculations, interpret formulas, use a microscope or computer. They are inquisitive, analytical, scientific, observant, precise, scholarly, cautious, intellectually self-confident, introspective, reserved, broad minded, independent, logical, complex and curious.

Characteristics:

- Value inventiveness, accuracy, achievement, independence
- Are curious, logical, precise, analytical, reserved
- Enjoy analytical or intellectual activity and learning by reading, study or investigation
- Like book clubs, astronomy, crossword puzzles, growing plants, travelling, computers, visiting museums, collecting stamps, coins etc., researching family origins, researching, analysing ideas or data, a challenge

Research type occupations include:

- Biologist
- Chemist
- Computer Systems Analyst
- Chemical Engineer
- Computer Programmer
- Data Analyst
- Dentist
- Laboratory Assistant
- Dietician
- Pharmacist
- Surgeon
- Systems Analyst
- Veterinarian
- Lab Technician
- Math Teacher
- Medical Technologist
- Meteorologist
- Social Scientist
- Economist
- Genetics
- Market Researcher
- Medical Doctor



E = Enterprising Personality Type

Enterprising types prefer leadership roles where they can direct and persuade others. They work hard to achieve power, status and financial rewards. They tend to be very goal oriented and aspire to higher positions in an organisation or will start their own company.

Characteristics:

- Value success, status, responsibility, initiative
- Are ambitious, extroverted, enthusiastic, persuasive, self-confident
- Enjoy leading, selling, motivating, persuading others

Enterprising occupations include:

- Business Executive
- Communication Specialist
- Lawyer
- Manager (any industry)
- Project Manager
- Sales Manager
- Business Consultant
- Customer Service Specialist
- Entrepreneurship Teacher
- Events Coordinator
- Food Service Director
- Lecturer
- Foreign Service Officer
- Human Resource Manager
- Marketing Specialist
- Sports Promoter
- TV Producer
- Running your own business



O = Organising Personality Type

Organising (or conventional) people enjoy structured work with well-defined tasks. They tend to enjoy office work where they can use their numerical and organisational skills. They like to follow procedures and instructions from others. They are very detail oriented, responsible and precise.

Characteristics:

- Value accuracy, honesty, persistence, order
- Are practical, efficient, generally conservative
- Shows attention to detail
- Enjoy working with things, numbers, data or documents
- Meet precise standards

Organising occupations include:

- Accountant
- Bookkeeper
- Building Inspector
- Editorial Assistant
- Investment Analyst
- Website Editor
- Banker
- Budget Analyst
- Credit Manager
- Logistics Manager
- Quality Inspector
- Editorial Assistant
- Financial Analyst
- Tax Agent
- Medical Record Technician
- Office Administrator
- Statistician



P = Practical Personality Type

Practical types like to tinker with machines, work outdoors, be physically active, use their hands, build things, tend to/train animals or repair electronic equipment. They may fix electrical things or solve electrical problems, read blueprints, plant a garden or operate machinery. They are practical, athletic, straightforward/frank, mechanically inclined, thrifty, are curious about the physical world, stable, concrete, reserved, self-controlled, independent, ambitious, systematic and persistent.

Characteristics:

- Value nature, common sense, honesty
- Are reliable, straightforward, self-reliant, generally conservative
- Enjoy manual and mechanical activities, using machines, tools and objects, repairing equipment, landscaping
- Like taking exercise classes, refurbishing furniture, growing plants or flowers, playing sports, hunting or fishing, woodworking, agricultural activities, cooking, sewing or knitting clothes, doing handicrafts, etc.

Practical type occupations include:

- Carpenter
- Car Mechanics
- Builder
- Driver
- Mechatronics
- Electronic Equipment Regulator
- Automotive Engineer
- Building Inspector
- Airline Pilot
- Computer Software Technician
- Cook
- Electrician
- Electrical Inspector
- Geologist
- Electronics
- Agricultural Worker or Farmer
- Outdoor Recreation Supervisor
- Manufacturer's Service Supervisor
- Physical Education Teacher
- Construction Engineer
- Police Officer
- Production Manager



C = Creative Personality Type

Creative (or artistic) types like to attend concerts, theatres, art exhibits, read fiction, plays and poetry, work on crafts, take photographs, express themselves creatively, and deal with ambiguous ideas. They may sketch, draw or paint, play a musical instrument, write stories, poetry and music, sing, act, dance, design fashion or interiors. They are creative, intuitive, imaginative, innovative, unconventional, emotional, independent, expressive, original, introspective, impulsive, sensitive, courageous, open, complicated, idealistic and nonconforming.

Characteristics:

- Value beauty, self-expression, imagination, creativity, freedom
- Are creative, independent, open, unconventional, original, and emotional
- Enjoy creative work in music, writing, performance, sculpture, intellectual work
- Like photography, flower arrangement, writing/poetry, sewing, taking dance lessons, visiting art museums, designing, constructing sets for plays, traveling, playing an instrument, making crafts, painting, speaking a foreign language

Creative type occupations include:

- Advertising Specialist
- Architect
- Author
- Artist
- Language Teacher
- Film Editor
- Interior Designer
- Musician
- Photographer
- Dance/Drama Teacher
- Entertainer/Performer
- Illustrator
- Florist
- Graphic Designer
- Journalist/Reporter
- Museum Curator
- Musician
- Travel Guide
- Dressmaker

